



Relationships



STAGES OF CLOSE RELATIONSHIPS

STAGE 1: ROMANCE

Physical symptoms: Colossal highs, tendency to walk around with a large grin

Mental symptoms: Grandiose thoughts (Everything s/he does is magic) with occasional bursts of humility
(How can I be so lucky?)

STAGE 2: THE INEVITABLE: EMERGENCE OF YOUR UNCONSCIOUS PATTERNS (Oddly enough, often coincides with emergence of your partner's unconscious patterns.)

Physical symptoms: Fear, anger, irritation, depression

Mental symptoms: Thoughts like: Can I trust this person?
Why is the universe doing this to me?
Have I made a serious mistake?

STAGE 3: THE CHOICE POINT

CHOICE: THE CONSCIOUS LOVING CHOICE

Your patterns emerge ...

You take full responsibility for them, inquire into them, and communicate the microscopic truth.



More aliveness, closeness, and creativity.
Return to romance again and again.



CHOICE: THE UNCONSCIOUS LOVING CHOICE

Your patterns emerge ...

You withhold, withdraw, and project.



Numbing out, making a deal, recycling, distance, spiritual divorce.

STAGE 4: THE RESULT

STAGE 5: CO-COMMITMENT

With practice, you learn to live in a state of continuous positive energy, and as a result you create more together than you could have done separately.