

THE HENDRICKS INSTITUTE PRESENTS
CONSCIOUS LOVING AND LIVING:
THE FOUNDATION SEMINAR

January 27-29, 2012
Ventura, California

LOCATION

Ventura Beach Marriott
Las Brisas Jr Ballroom
2055 E Harbor Boulevard
Ventura, CA 93001
P 805.643.6000
www.marriott.com



SCHEDULE

Friday, January 27, 9:30 am – 6:00 pm
(Foundation registration begins at 8:30 am)
Saturday, January 28, 9:30 am – 6:00 pm
Sunday, January 29, 9:30 am – 4:00 pm

SEMINAR COST:

- Tuition: \$595 per individual
- Early Bird Rate: \$495 per individual on or before **December 26, 2011**
- Cancellation Policy - 90% refund (10% withheld as a cancellation fee)
- Transfer Policy - 10% transfer fee will be assessed and the early bird discount may be forfeited, requiring additional monies to meet the full tuition amount
- For questions, more information, or to enroll ~ please contact our Enrollment Consultant, Nancy Stubbs, at 1-800-688-0772, Ext 1 (Mountain Time).

REGISTRATION:

You may register online at www.hendricks.com to access our on-line enrollment form or call Nancy Stubbs at 1-800-688-0772, Ext 1 (Mountain Time).

ACCOMMODATIONS

<http://www.marriott.com/hotels/travel/oxrvb-ventura-beach-marriott/>

For reservations call 805.643.6000. Please mention the **Hendricks Institute** to qualify for reduced rates. ****Special room rate cut-off date is January 5, 2012.****

We recommend arriving the day before your training begins. Room rates are for two guests. Rooms have two Queen size beds or one King bed. Special room rate is: \$125.00.

ADDITIONAL VISITOR & LOCAL INFO

www.cityofventura.com

www.venturaharbor.com

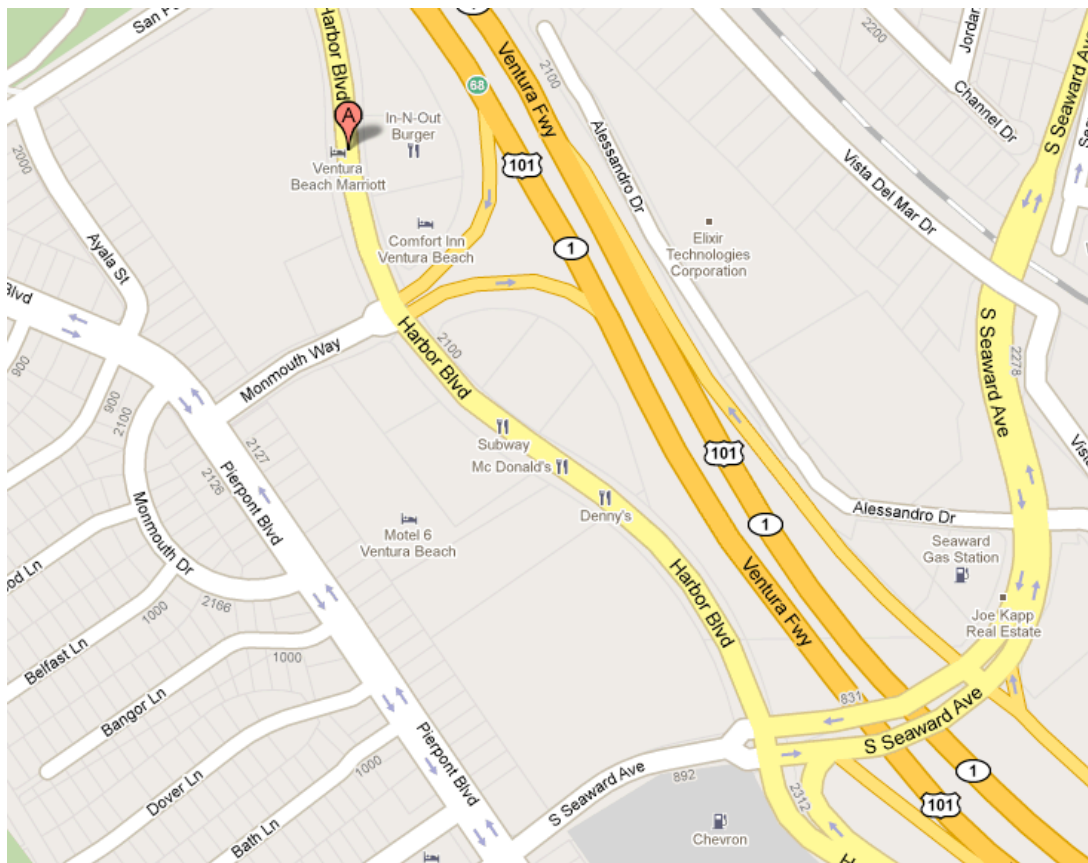
www.venturachamber.com

www.venturahotels.com

DIRECTIONS:

From the North - Take 101 South and exit at Seaward Ave. Turn right on Harbor Blvd. then left into the parking lot.

From the South - Take 101 North and exit at Seaward Ave. Turn left on Seaward Ave. Turn right on Harbor Blvd. then left into the parking lot.



AIRPORT & AIRLINE RESERVATIONS

We suggest you fly into Los Angeles (LAX), Santa Barbara (SBA) or Oxnard (OXR) airport.

AIRPORT SHUTTLE FROM LAX

www.venturashuttle.com 1-805-650-6600

Check the website for rates, reservations for round trip fares. There is a direct airport shuttle from LAX to the Four Points Sheraton in the Ventura Harbor. You'll need to take a taxi to get to The Marriott.

AIRPORT SHUTTLE FROM SBA

<https://www.rrshuttle.com/user/Reservation.html>

1-800-247-7919

Check the website for rates, reservations for one-way and round trip fares. This is a direct airport shuttle from SBA to any location in Ventura and other destinations.

CAR RENTALS

Airport Rental Cars - www.rentadeal.com

Flights, Hotels, Rental Cars - www.priceline.com

ENVIRONMENTAL INFORMATION

Expect warm days and cool mornings and evenings. Bring layers of clothing and clothing that will allow you to move, stretch and breathe easily during the seminar.



IN CASE OF LAST MINUTE DELAYS

If you should experience any delays in arriving at the hotel, or need to contact us during the trainings please call 1-800-688-0772, Ext. 2.

COMMITMENT FORM

Please read and sign the Commitment Form (the last page of this document) and bring it with you to the training. All participants are required to sign this form in order to participate in the training. It can be found on page three of this information packet.

PRE-TRAINING RESOURCES

The Hendricks Institute website, www.hendricks.com has a variety of useful resources, including books, videos, CD's and online courses. Reading *Conscious Living or Conscious Loving* is recommended.

VENTURA

CALIFORNIA COAST'S
RISING STAR



THE KEY TO OUR WORK IS COMMITMENT

Conscious commitment begins the process of positive change. Modern definitions of 'commitment' include a pledge or promise to do something, and dedication to a long-term course of action: engagement, involvement. We have found several commitments to be extraordinarily powerful in allowing the process of change to happen gracefully and with maximum velocity. We invite you to embrace these commitments as your entry-gate to the creative possibilities of the work you do with us.

ONE

I commit to knowing myself authentically and completely. I commit to regarding every interaction as a learning opportunity. I commit to letting go of any of my defensive postures that inhibit rapid learning.

TWO

I commit to expressing myself authentically, and to being an opening in which others can express themselves authentically.

THREE

I commit to the masterful practice of integrity, *including* acknowledging all key feelings, expressing the unarguable truth and keeping my agreements.

FOUR

I commit to taking full responsibility for my feelings and the circumstances of my life, and to being a catalyst for others taking full responsibility. Specifically, I take complete responsibility for my physical, emotional and psycho spiritual well being.

FIVE

I commit to the full embrace and expression of my creativity, and to being a catalyst for the full expression of others' creativity.

Sign _____ Date _____

Print Name _____

Training Dates _____ Training Location _____