

THE HENDRICKS INSTITUTE PRESENTS

Conscious Loving and Living: **THE FOUNDATION TRAINING**

May 11-13, 2012

Austin, Texas



Location

The AT&T Executive Education and Conference Center

1900 University Avenue

Austin, Texas 78705

(512) 404-1900

<http://www.meetatatexas.com>

Schedule

Friday, May 11, 9:30AM – 6:00PM

(Registration begins at 9:00AM)

Saturday, May 12, 9:30AM – 6:00PM

Sunday, May 13, 9:30AM – 4:00PM

Seminar Cost

- Tuition - **\$595** per person
- Early Bird Special - **\$495** per person on or before **April 12, 2012**.
- Repeat Attendee Tuition - **\$300** (if you've taken a Foundation Seminar in the past)
- Cancellation Policy – 90% refund (10% withheld as a cancellation fee)
- Transfer Policy – 10% transfer fee will be assessed and the early bird discount may be forfeited, requiring additional monies to meet the full tuition amount
- For questions, more information, or to enroll, please contact our Enrollment Consultant at 1-800-688-0772, Ext 1 (Mountain Time).

Seminar Registration

You may register online at <http://www.hendricks.com> to access our on-line enrollment form under the Trainings tab, or you may register with our Enrollment Consultant by calling 1-800-688-0772, Ext 1 (Mountain Time).

Accommodations

AT&T Executive Education and Conference Center (adjacent to the building where the seminar will be held)

1900 University Avenue

Austin, Texas 78705

Reservations: (512) 404-3600 or (877) 744-8822 toll free

<http://www.meetatexas.com/hotel>

King/Double Queen rooms are available for the rate of \$249 per night. The hotel is beautiful with spacious rooms and full-service restaurant and amenity facilities.



Austin favorites south of downtown Austin (*NOT near the training location*):

Hotel San Jose
1316 S. Congress
Austin, TX 78704
(512) 693-9317
www.sanjosehotel.com

Austin Motel
1220 S. Congress
Austin, TX 78704
(512) 441-1157
www.austinmotel.com

In Downtown Austin (*NOT near the training location*):

Four Seasons Hotel Austin
98 San Jacinto Blvd.
Austin, TX 78701
(512) 478-4500
www.fourseasons.com/austin

Doubletree Guest Suites Austin
303 W. 15th Street
Austin, TX 78701-1692
(512) 478-7000
www.doubletree.com

Weather

April in Austin can be very warm, sunny and blooming with wildflowers! Expect warm days in the 80s and cool evenings in the 50s and 60s with occasional showers. We recommend bringing layers.

Austin Information

Great restaurants in Austin abound and some are on property and within walking distance of the training location! The sponsor will have information about restaurants and other general information about Austin available at the site. Or, if you'd like to have this sooner, email Karen at karen@ktphd.com and arrange to have it sent to you. You can also go to the website for the conference center where the training will take place for the list of activities and places of interest which they provide at www.meetat texas.com/hotel. And, www.austin360.com is available for more about local events the week of the seminar.

Directions From Austin Bergstrom International Airport (approximately 25 minutes depending upon traffic)

From the airport, exit Austin Bergstrom International Airport and turn left on Hwy. 71, and continue on Hwy. 71/Bastrop Hwy. Take exit onto IH-35N. Continue on IH-35N, take exit 235A toward MLK/19th St., continue to MLK and turn left. Continue down MLK to University Ave., turn right on University Ave. and enter into the hotel on the left. **Note: Parking fees will be assessed at the training location.**

Airport Shuttle

www.shuttlefare.com/austin_airport_shuttle_aus

Rental Cars

www.kayak.com

www.orbitz.com

www.dollar.com

www.hertz.com

www.enterprise.com

Last Minute Delays

If you experience any delays in arriving, please call Karen on her cell at 512-971-7259.

Pre-Training Resources

The Hendricks Institute website –www.hendricks.com - has a variety of useful resources, including books, videos, and online courses. Reading Conscious Loving or Conscious Living is highly recommended for the Foundation Training. For additional information or questions, call our enrollment consultant at 1-800-688-0772 Ext.1 (Mountain Time), or the sponsor at 512-391-0426 (Central Time).

The Sponsor

The Foundation Training in Austin is organized by Karen Thompson, Ph.D. For more information visit www.ktphd.com or call Karen at 512-391-0426 or on her cell at 512-971-7259.





THE KEY TO OUR WORK IS COMMITMENT

The key to the work of the Hendricks Institute is commitment. Conscious commitment begins the process of positive change. Modern definitions of 'commitment' include "a pledge or promise to do something," and "dedication to a long-term course of action; engagement; involvement." We have found several commitments to be extraordinarily powerful in allowing the process of change to happen gracefully and with maximum velocity. We invite you to embrace these commitments as your entry-gate to the creative possibilities of the work you do with us. Please read and sign the Commitment Form (the last page of this document) and bring it to the training. All participants are required to sign this form in order to participate in the training.

ONE

I commit to knowing myself authentically and completely. I commit to regarding every interaction as a learning opportunity. I commit to letting go of any of my defensive postures that inhibit rapid learning.

TWO

I commit to expressing myself authentically, and to being an opening in which others can express themselves authentically.

THREE

I commit to the masterful practice of integrity, including acknowledging all key feelings, expressing the unarguable truth and keeping my agreements.

FOUR

I commit to taking full responsibility for my feelings and the circumstances of my life, and to being a catalyst for others taking full responsibility. Specifically, I take complete responsibility for my physical, emotional and psycho-spiritual wellbeing.

FIVE

I commit to the full embrace and expression of my creativity, and to being a catalyst for the full expression of others' creativity.

Signature / Date _____

Please bring this form with you to the training.