



THE HENDRICKS INSTITUTE
PRESENTS

Evolutionary Playground: The Path of Play 3-Day Seminar July 27-29, 2018

Ojai, California

With Kathlyn Hendricks, Ph.D. BC-DMT

LOCATION

Sane Center

316 E. Matilija Street
Ojai, CA 93023

<http://saneways.com/tag/sane-center/>

SCHEDULE*

Friday, July 27, 9:30 am – 6:00 pm (Registration/Check-in begins at 9:00 am)

Saturday, July 28, 9:30 am – 6:00 pm

Sunday, July 29, 9:30 am – 4:00 pm

***This is a 3-Day Seminar and our expectation is that you will attend all 3 days in full. We recommend arriving the day before the training begins. If you have any questions about this schedule and your ability to attend, please contact our Enrollment Consultant **BEFORE** enrolling and confirming your travel plans.**

SEMINAR COST

- Tuition: \$695 per individual
- Early Bird Rate: \$595 per individual, **on or before June 28, 2018**
- Repeat Attendees: \$350 per individual *if you have taken an Essentials 3-Day Training OR Evolutionary Playground course in the past; **must enroll directly with our Enrollment Consultant, Nancy Stubbs – see below for her contact information.***
- Attendees of *Evolutionary Playground: The Path of Play* will receive complimentary access to the prerequisite course – the Essentials Online self-study product (valued at \$97).
- Cancellation Policy – 90% refund (10% withheld as a cancellation fee) of the training tuition paid less \$97 for the Essentials Online product.
- Transfer Policy – 10% transfer fee will be assessed and depending upon which future training you choose, the Early Bird discount may be forfeited, requiring additional monies to meet the full tuition amount for that training.

REGISTRATION / INFORMATION / QUESTIONS

You may register online to access our on-line enrollment form at <https://www.hendricks.com/evolutionary-playground/> or call our Enrollment Consultant, Nancy Stubbs, at 1-800-688-0772, Ext 1 (Pacific Time). Her email address is nancy@hendricks.com.

This course is also available for enrollment in combination with our Conscious Loving 5-Day Advanced Training. Look for the Conscious Loving Special on our Trainings page at <https://www.hendricks.com/conscious-loving-special/>.

IN CASE OF LAST MINUTE DELAYS

If you should experience any delays in arriving at the training location, or need to contact us during the trainings, please call 303-345-1983 (Nancy Stubbs' cell phone).

ACCOMMODATIONS

There are a variety of lodging options in Ojai to accommodate lodging preferences and budgets, several of which are listed below. You may also choose to find accommodations in nearby Ventura, however, please be sure to check estimated drive times between your lodging option and the training venue to ensure plenty of time to arrive. It may take 30-45 minutes from Ventura, depending on where you stay and traffic considerations.

Ojai lodging options:

www.ojairanchoinn.com, www.sunidoinn.com, www.blueiguanainn.com,
www.emeraldiguana.com, www.ojaiinn.com, www.ojairesort.com, www.oaksspa.com,
www.bestwesterncalifornia.com, www.lavenderinn.com, www.airbnb.com

ADDITIONAL VISITOR & LOCAL INFO

www.ojaiconcierge.com www.ojaivisitors.com

AIRPORT & AIRLINE RESERVATIONS

The closest airports are Santa Barbara (SBA) and Oxnard (OXR), and the largest airport is Los Angeles (LAX). Burbank (BUR) is also a good alternative.

AIRPORT SHUTTLE FROM SBA

www.rrshuttle.com/airports/sba.html, 1-800-247-7919

Check the website for rates and reservations for one-way and round-trip fares. *Advanced reservations are required at least one day in advance of arrival and departure.*

AIRPORT SHUTTLE FROM LAX

There are two options: The Ventura County Airporter, www.venturashuttle.com, 1-805-650-6600; and Roadrunner Shuttle and Limousine Service, www.rrshuttle.com/index.html, 800-247-7919. Check the websites for rates and reservations for one-way and round-trip fares as well as drop-off destination options as some shuttles may not go to Ojai. *Advanced reservations are recommended at least one day in advance of arrival and departure.*

FLIGHTS, HOTELS, CAR RENTALS

Airport Rental Cars - www.rentadeal.com

Flights, Hotels, Rental Cars - www.priceline.com, www.travelocity.com

DIRECTIONS

From the North - Take the 101 S. Take exit 70B for Hwy CA-33 toward Ojai. Follow CA-33, which turns into CA-150, for approximately 13 miles. Once in Ojai, the Post Office tower will be on your right; the Arcade shops on your left. Turn left on N Montgomery Street, just past the Arcade shops. The Sane Center is one block to the north, on the left side. Street parking is available, and there is a public parking lot on Ojai Ave, one block to the East of N Montgomery Street.

From the South - Take the 101 N. Take exit 70B for Hwy CA-33 toward Ojai. Follow CA-33, which turns into CA-150, for approximately 13 miles. Once in Ojai, the Post Office tower will be on your right; the Arcade shops on your left. Turn left on N Montgomery Street, just past the Arcade shops. The Sane Center is one block to the north, on the left side. Street parking is available, and there is a public parking lot on Ojai Ave, one block to the East of N Montgomery Street.



WHAT TO BRING

We recommend bringing a journal or notepad and something to write with, i.e., pen, markers, pencil. **Please also bring a reusable, closed-top water bottle and/or mug of your own; we provide drinking water and herbal teas at our trainings and appreciate your assistance in reducing non-recyclable and non-compostable waste at our training events.** We do not provide coffee, so be sure to allow plenty of time to pick some up on the way if you're a coffee drinker. **A recommended brand of vacuum insulated mugs and bottles is** <https://www.zojirushi.com/app/category/vacuum-insulated-mugs-bottles>.

LUNCH, BREAKS, SNACKS

We will take 2-hour lunch breaks on Friday and Saturday, and a 90-minute lunch break on Sunday. We have a short morning break each day and a short afternoon break each day with the exception of the last day (no afternoon break). Lunch is not provided. You are welcome to bring snacks and **please use sealable containers for snacks.**

DINING

Ojai's restaurants are plentiful and wonderful! The training venue is within easy walking distance of downtown Ojai where many restaurant options are located. Ojai's natural foods grocery store is also within easy walking distance. For a complete restaurant guide go to: www.ojairestaurants.com.

ENVIRONMENTAL INFORMATION / WHAT TO WEAR

Ojai in late July is usually very sunny and warm/hot with temperatures ranging from upper 80s-90s (Fahrenheit) during the day, and upper 50s-low 60s at night. We recommend checking the local weather before your arrival. Mornings can feel cool. Bring layers of clothing and clothing that will allow you to move, stretch and breathe easily during the training. Recommended dress is anything from casual to business casual, i.e., shorts, jeans, slacks, skirts, dresses, yoga/exercise-type wear.

PRE-TRAINING RESOURCES

The Hendricks Institute website, www.hendricks.com, has a variety of useful resources, including books, videos, CDs and online courses. We recommend reading *The Big Leap* by Gay Hendricks, checking out our **Hearts in Harmony with Katie and Gay Hendricks** and **Foundation for Conscious Living** Facebook pages, completing *Essentials Online* (our gift to you for enrolling and is the prerequisite to this training if you haven't completed our Essentials 3-Day Seminar in the past), and lastly, our YouTube Channel for videos that will give you an orientation to our approach, <https://www.youtube.com/channel/UCIM0-K91XTAnCcfipSmUatw>.

COMMITMENT FORM

The key to the work of The Hendricks Institute is commitment. Conscious commitment begins the process of positive change. Beginnings matter. To create the results you desire in your life by attending this event, it's essential to pause, read, digest, and sign the Commitment Form. We recommend that you bring it with you to inspire you to recommit as needed throughout the training. Celebrate your willingness to give yourself this experience 100%. There is no need to turn this in at the training. This form is for your reference and for your ongoing exploration!

THE KEY TO OUR WORK IS COMMITMENT

Conscious commitment begins the process of positive change. Modern definitions of 'commitment' include a pledge or promise to do something, and dedication to a long-term course of action: engagement, involvement. We have found several commitments to be extraordinarily powerful in allowing the process of change to happen gracefully and with maximum velocity. We invite you to embrace these commitments as your entry-gate to the creative possibilities of the work you do with us.

ONE

I commit to knowing myself authentically and completely. I commit to regarding every interaction as a learning opportunity. I commit to letting go of any of my defensive postures that inhibit rapid learning.

TWO

I commit to expressing myself authentically, and to being an opening in which others can express themselves authentically.

THREE

I commit to the masterful practice of integrity, *including* acknowledging all key feelings, expressing the unarguable truth and keeping my agreements.

FOUR

I commit to taking full responsibility for my feelings and the circumstances of my life, and to being a catalyst for others taking full responsibility. Specifically, I take complete responsibility for my physical, emotional and psycho-spiritual well-being.

FIVE

I commit to the full embrace and expression of my creativity, and to being a catalyst for the full expression of others' creativity.

Sign _____ Date _____

Print Name _____

Training Dates _____ Training Location _____